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Objectives

- 1. Define the key terms and abbreviations listed at the beginning of this chapter.
- 2. List, describe, and explain the purpose of the equipment and supplies needed to collect blood by venipuncture.
- 3. Compare and contrast antiseptics and disinfectants and give examples of each.
- 4. Identify appropriate phlebotomy needles by length, gauge, and any associated color coding.

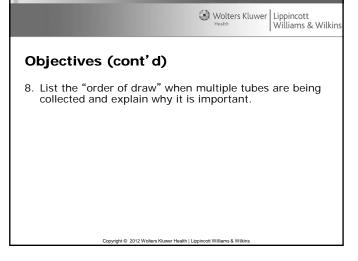
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Objectives (cont'd)

List and describe evacuated tube system (ETS) and
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- syringe system components, explain how each system works, and tell how to determine which system and components to use.
- 6. Identify the general categories of additives used in blood collection, list the various additives within each category, and describe how each additive works.
- 7. Describe the color coding used to identify the presence or absence of additives in blood collection tubes and name the additive, laboratory departments, and individual tests associated with the various color-coded tubes.



General Blood Collection Equipment and Supplies

- Blood-Drawing Station
 - Table for supplies
 - Special chair
 - Bed or reclining chair
- Phlebotomy Chair
 - Comfortable
 - Adjustable armrests



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 General Blood Collection Equipment and Supplies (cont'd)

 • Handheld phlebotomy equipment carriers & phlebotomy carts

 Figure 1

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General Blood Collection Equipment and Supplies (cont'd)

- Gloves and Glove Liners
 - Required by CDC/HICPAC & OSHA when performing phlebotomy
 - New pair must be used for each patient & removed when done
 - Nonsterile, disposable latex, nitrile, neoprene, polyethylene, & vinyl are acceptable
 - Good fit is essential
 - Glove liners may be used if gloves cause allergies or dermatitis
 - Barrier hand creams help prevent skin irritation from gloves
 - Gloves with powder not recommended

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General Blood Collection Equipment and Supplies (cont'd)

- Antiseptics (T)
 - Prevent sepsis (microorganisms or their toxins in the blood)
 - 70% isopropyl alcohol most common for routine blood collection
- Disinfectants (T)
 - Remove or kill microorganisms on surfaces & instruments
 - Not safe on human skin
- Hand Sanitizers (T)
 - Alcohol-based rinses, gels, & foams
 - Can replace handwashing if hands are not visibly soiled

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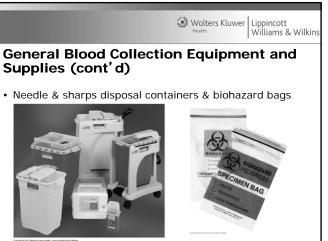


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General Blood Collection Equipment and Supplies (cont'd)

- Gauze Pads/Cotton Balls
 - Clean 2-by-2-inch gauze pads folded in fourths are used to hold pressure over site following blood collection
 - Some pads have fluid-proof backing to prevent contamination
 - Avoid using cotton balls, as they tend to stick
- Bandages
 - Used over blood collection site once bleeding has stopped
 - Can also use paper, cloth, or knitted tape over folded gauze
- Glass microscope slides (1- by 3-in.), ink pen, watch



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Venipuncture Equipment

- Vein-Locating Devices
 - Transillumination: shine high-intensity LED or infrared light
 - Highlight veins in patient's subcutaneous tissue
- Tourniquet
 - Device applied or tied around patient's arm to restrict blood flow
 - Should restrict venous flow to inflate veins, but not arterial flow
 - Most common type: stretchable disposable straps

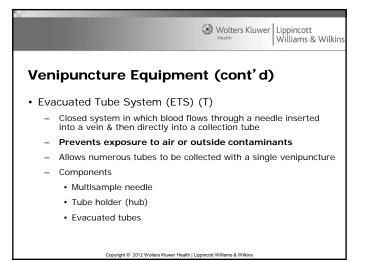
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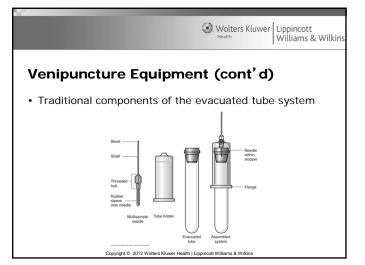
Wolters Kluwer Lippincott Williams & Wilkins Venipuncture Equipment (cont'd) Parts Needles Bevel Sterile, disposable, designed for single use Shaft only • Hub Types • Lumen Multisample Hypodermic Winged infusion (butterfly): used on children and delicate veins Copyright @ 2012 Wolters Kluwer Health | Lippincott Willia

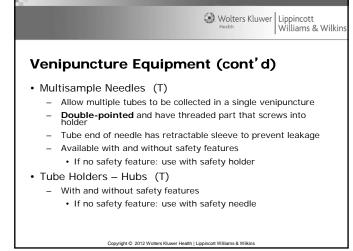
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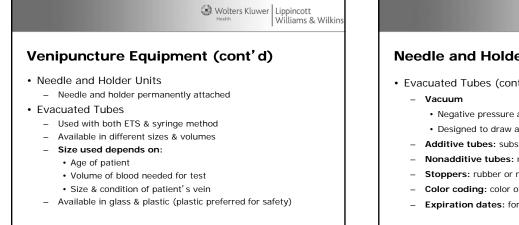
Needles
Gauge (T)
Diameter of lumen

- Higher the gauge, the smaller the diameter of needle
- Appropriate range for phlebotomy: 20 to 23 (21 is most common)
- Needles color-coded by gauge
- Needles coloi -coded by gad
- Length
 - 1- & 1.5-in. lengths are most common for venipuncture
- Safety features: resheathing, blunting, & retraction devices







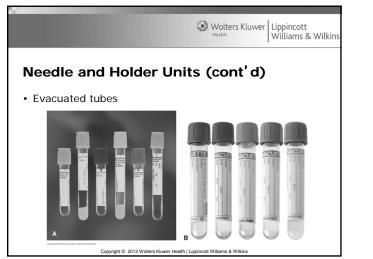


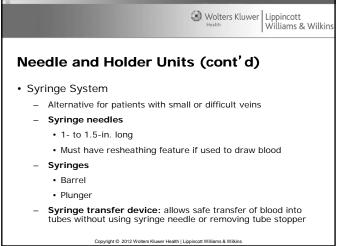
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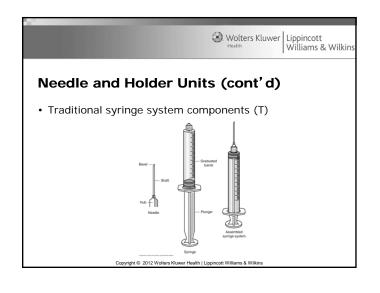
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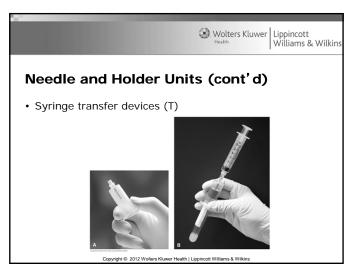
Needle and Holder Units (cont'd)

- Evacuated Tubes (cont'd)
 - Negative pressure artificially created by pulling air from tube · Designed to draw an exact volume of blood into tube
 - Additive tubes: substance added to tube (e.g., anticoagulant)
 - Nonadditive tubes: no substance added to tube (rare)
 - Stoppers: rubber or rubber with plastic covering
 - Color coding: color of stopper usually indicates type of additive
 - Expiration dates: for additive & vacuum, printed on tube label









Needle and Holder Units (cont'd)

• Winged Infusion Set (Butterfly) (T)

- Effective for small or difficult veins (hands; elderly & pediatric)
- Allows more flexibility & precision than a needle & syringe
- Consists of:
 - 1/2- to 3/4-in. stainless steel needle, 23- or 25-gauge
 - 5- to 12-in. length of tubing
 - Luer attachment (syringe) or multisample Luer adapter (ETS)
 - Plastic extensions ("wings") allow easier manipulation for shallow angle of needle insertion
 - Safety devices required to prevent accidental needlesticks

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Wolters Kluwer Lippincott Williams & Wilkins Needle and Holder Units (cont'd) • Winged infusion sets attached to a syringe (left) and an evacuated tube holder by means of a Luer adapter

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Combination Systems

- Complete system for blood collection
- Blood collection tube & collection apparatus are combined in single unit
- Specimen can be collected by evacuated tube or syringe

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- Available with regular or butterfly-style needles
- Safety devices are available

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Blood Collection Additives

• Anticoagulants (T)

- Substances that prevent blood from clotting

- Two methods of preventing clotting:

 binding calcium

 linkibiting formation of thrombin

- Types (most common types of anticoagulants)

 Ethylenediaminetetraacetic acid (EDTA)

 Citrates

 Heparin

 Oxalates

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Lippincott Williams & Wilkins Wolters Kluwer Lippincott Williams & Wilkins cd) Blood Collection Additives (cont'd) e by blood cells) growth esponse • Clot Activators (T) e by blood cells) • Substances that enhance coagulation in serum specimen tubes e by blood cells) • Substances that provide more surface for platelet activation • Glass (silica) particles • Inert clays (Celite) • Clotting factors (thrombin) • Clotting factors (thrombin)

Blood Collection Additives (cont'd)

Special-Use Anticoagulants

- Acid citrate dextrose (ACD)
- Citrate phosphate dextrose
- Sodium polyanethol sulfonate (SPS)
- Antiglycolytic Agents (T) Pg 218
 - Substances that prevent glycolysis (breakdown of glucose by blood cells)
 - Sodium fluoride (most common)
 - Preserves glucose for up to 3 days & inhibits bacteria growth
 - Used w. potassium oxalate (anticoagulant) for rapid response

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Blood Collection Additives (cont'd)

- Thixotropic Gel Separator (T) Pg 219
 - Has density between that of cells & serum or plasma
 - When centrifuged, gel moves between cells & serum or plasma
 - Prevents cells from continuing to metabolize substances
- Trace Element-Free Tubes (T)
 - Tubes made of materials free of trace element contamination
 Used for trace element tests, toxicology studies, & nutrient
 - determinations
 Heavy metals: lead, iron, arsenic, mercury, zinc, copper
 - Feature royal-blue stoppers

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Order of Draw (Use sheet in study guide) Video: Venipuncture order of draw

- 1. Blood cultures if ordered are always first
- 2. Yellow (not used very often)
- Light blue
 Red (glass)
- 5. Red (plastic)
- 6. SST (gold/red and gray marbled)
- 7. Green
- 8. Light green (PST)
- 9. Lavender
- 10. Pink
- 11. Gray
- 12. Royal or Navy blue

Order of Draw (cont'd)

- Carryover/Cross-Contamination (T)
 - Transfer of additive from one tube to the next
 - Can occur when:
 - · Blood in additive tube touches needle during ETS collection
 - Blood is transferred from a syringe into ETS tubes
 - Order of draw presents sequence of collection that
 - minimizes risk for interference should carryover occur
 Filling specimen tubes from bottom up minimizes carryover and reflux

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<u>Wolters Kluwer</u> Lippincott Williams & Wilkins <u>Order of Draw (cont'd)</u> <u>Tissue Thromboplastin Contamination (T)</u> <u>Tissue thromboplastin, present in tissue fluid</u> <u>Activates extrinsic coagulation pathway</u> <u>Can interfere with coagulation tests</u> <u>For coagulation tests (other than PT or PTT), draw a few mm of blood into a plain red top tube before collecting coagulation specimen <u>Microbial Contamination: site cleaning most important!</u> <u>Microorganisms found on skin can contaminate blood specimens</u> <u>Blood cultures are collected first in order of draw, when sterility</u> of site is optimal & to prevent contamination of needle (T) </u>

