Columbiana County Career and Technical Center
December Breakfast 2016

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The Nutrition Group

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Whole Grains Available Daily			**1** **Egg and Cheese Bagel Sandwich** Chilled Juice or Fruit Choice of Milk	**2** **Sausage and Cheese Breakfast Pizza** Chilled Juice or Fruit Choice of Milk
5 **Sausage and Cheese Biscuit** Chilled Juice or Fruit Choice of Milk	**6** **Cheese Omelet with Buttered Toast** Chilled Juice or Fruit Choice of Milk	**7** **Ham and Cheese English Muffin Sandwich** Chilled Juice or Fruit Choice of Milk	**8** **Egg and Cheese Bagel Sandwich** Chilled Juice or Fruit Choice of Milk	**9** **Sausage and Cheese Breakfast Pizza** Chilled Juice or Fruit Choice of Milk
12 **Sausage and Cheese Biscuit** Chilled Juice or Fruit Choice of Milk	**13** **Cheese Omelet with Buttered Toast** Chilled Juice or Fruit Choice of Milk	**14** **Ham and Cheese English Muffin Sandwich** Chilled Juice or Fruit Choice of Milk	**15** **Egg and Cheese Bagel Sandwich** Chilled Juice or Fruit Choice of Milk	**16** **Sausage and Cheese Breakfast Pizza** Chilled Juice or Fruit Choice of Milk
19 **Sausage and Cheese Biscuit** Chilled Juice or Fruit Choice of Milk	**20** **Cheese Omelet with Buttered Toast** Chilled Juice or Fruit Choice of Milk	**21** **Ham and Cheese English Muffin Sandwich** Chilled Juice or Fruit Choice of Milk	**22** *NO SCHOOL*	**23** *NO SCHOOL*
26 *NO SCHOOL*	**27** *NO SCHOOL*	**28** *NO SCHOOL*	**29** *NO SCHOOL*	**30** *NO SCHOOL*

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Assorted Cereal Offered Every Day
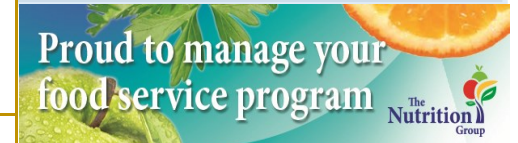
Alternate Options May Include:
Fruited Muffin
Grab and Go Variety
Assorted Breakfast Bars
Sliced Flavored Breads

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.

Milk

Milk Choices Offered Daily
Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White

Proud to manage your food service program — The Nutrition Group

Breakfast is free to all students

Adult Breakfast $1.25

MENUS SUBJECT TO CHANGE

This institution is an equal opportunity provider.